



**TAKE a STAND**  
BE A LEADER. BE A LIFEGUARD.



## LIFEGUARD TRAINING CLASS

American Red Cross Certification Lifeguard Class includes:

- Learning how to guard in a variety of environments.
- How to anticipate and prevent emergencies.
- How to take action to help those in need.
- Be a professional rescuer using CPR, First aid, & AED.
- Certifications are included in cost of the program.



**Session 1: September 17 - 29**

Mon./Tues./Thurs.: 6 pm - 9 pm

Sat., Sept. 29: 8 am - 5 pm

**Session 2: March 11, 12 & 13**

Mon./Tues./Wed.: 8 am - 5 pm

**Session 3: April 19, 20 & 22**

Fri./Sat./Mon.: 8 am - 5 pm

**Session 4: April 29 - May 11**

Mon./Tues./Thurs.: 6 pm - 9 pm

Sat., May 11: 8 am - 5 pm

*Must be 15 years old or older*

**Y Member: \$175, Non-Y Member: \$225**

\*Financial Aid is available\*

**Register Today!**

[www.mcphersonfamilyymca.org](http://www.mcphersonfamilyymca.org) or 220 N. Walnut St. to register in person

For more information or questions,  
contact Aquatics Director, Kyle Roberts  
at 620-241-0363 or at [kyleroberts@ymca-mrc.org](mailto:kyleroberts@ymca-mrc.org)