

MCPHERSON FAMILY YMCA



TEST

Children 12 years and younger must take and pass a swim test to go down the slide for safety. To pass the swim test you must swim across the pool continuously:

- Swim the width of the pool on their front without stopping, maintaining a horizontal position (can't stop and stand to rest).
- Complete the swim with a supportive kick and their head up or using rotary breathing without assistance.



MARK

Children who successfully complete the swim test will be provided a wristband from the Lifeguard. When returning to swim on subsequent visits, the wristband should be requested when checking in at the front desk. The lifeguard reserves the right to retest any individual that shows cause for concern while swimming.

- Children 7 and younger who pass the swim test must be supervised from the deck by someone 15 or older.



PROTECT

- Children 7 and younger who have not passed the swim test must wear a properly fitted, Coast Guard approved life jacket and be supervised by someone 15 or older (in the water, within arms reach).
- Children 8-12 who have not passed the swim test must wear a properly fitted, Coast Guard approved life jacket and are preferred to be supervised by someone 15 or older (in the water, within arms reach).