

## McPherson Recreation Commission 4-8th Basketball Rules



Kansas High School Basketball Rules shall apply except as follows:

- 4th-8th grade will play 2, 25-minute halves with running clock. (Other time arrangements will be considered.)
- The clock will stop:
- Once whistle blows for a foul called during the act of shooting until all players are lined up along the free throw lane.
  - During the last minute of each game for all stoppages.
- Teams get three, 1-minute time outs per game; these timeouts may carry over into the overtime period and one time out is added for each overtime.

Teams can only press in the last 2 minutes of the game, the rest of the game they can pick up players starting at top of the opposing court three point line.

- After the 7th team foul of each half, teams will shoot 1-and-1. After 10 fouls, teams will shoot 2 free throws.
- On free throws, players may not enter the lane until the ball has contacted the rim
- Only 6 players are allowed along free throw lane, 3 on each side.
- Any defense is allowed. The only exception to this is there will be NO full-court press.
- Dark-soled shoes are not allowed on the gym floor.
- All players will play at least half of each game. Equal playing time is stressed.
- Overtime for 6th-8th grade: 2 minutes with the clock stopping the last minute for free throws and dead balls.
- No food or drink allowed in the gym. Athletes may have water bottles with a lid.
- Players and spectators are allowed in gym and commons area <u>nearest the</u> restrooms ONLY.
  - \* Teams may not "hang out" in commons area prior to or following game.
- Every player must wear the t-shirt provided by MRC.
- Jewelry and metal hair pieces are not allowed. If worn to the site, must be taped.
- Every official and coach is responsible to go to the Program Director if any conflict should arise.

Program Director's contact information:
Meaghan Reamy, 620-245-4142 or sportsdirector@ymca-mrc.org